

Extracurricular activities and their importance in the academic environment: the EFSET example

23.06.2023

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EFSET

European Food Systems Education and Training

An extracurricular activity or subject is not part of the usual university course



Source: edvoy.com/articles/9-extracurricular-activities



EFSET

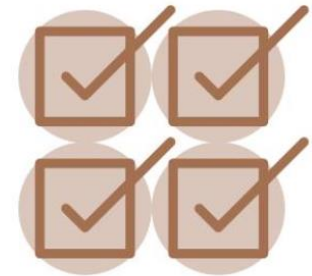
European Food Systems Education and Training



**Food systems
thinking**



**Collaborative
problem solving**



**Graduate skills and
employability**

Source: Alex Arnall, Harley Pope, University of Reading



PEPSICO



JOHN DEERE



UNIVERSITY OF HOHENHEIM



University of Reading



Grupo AN
DESDE 1910

UAM

Universidad Autónoma de Madrid

institute **imdea**

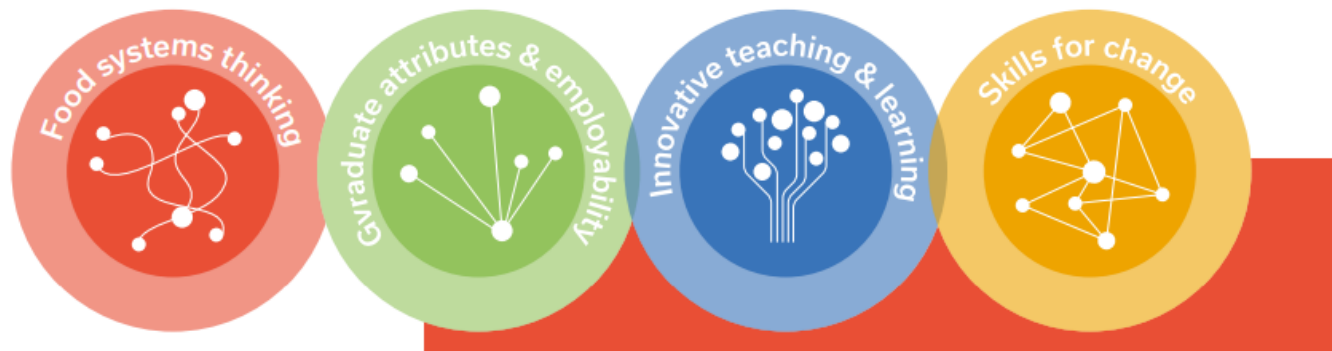


UNIVERSITA DEGLI STUDI DI TORINO



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thinkers



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RVC Royal
Veterinary
College
University of London



SOAS
University of London

WARWICK
THE UNIVERSITY OF WARWICK

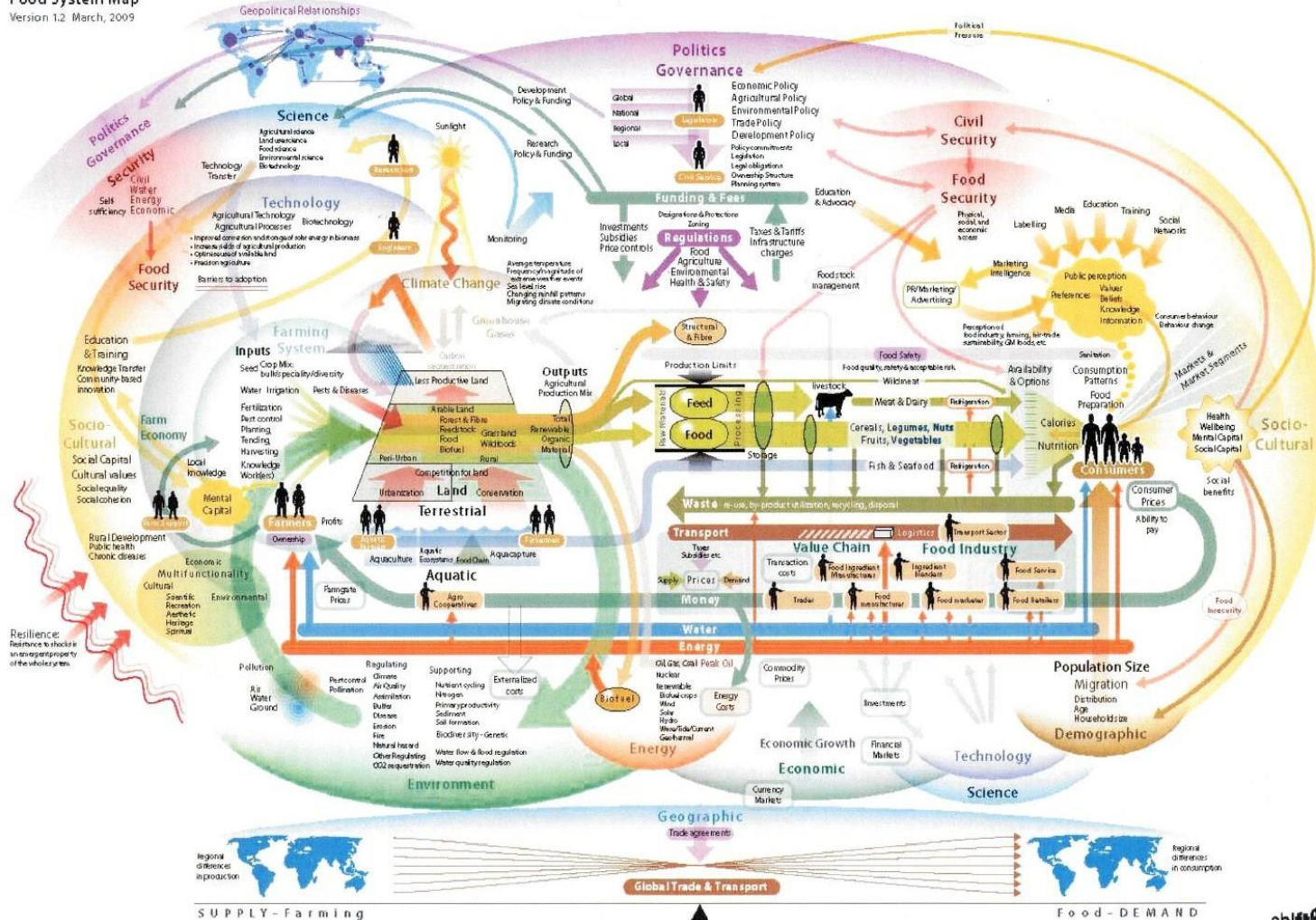
 UNIVERSITY OF
OXFORD

Source: www.ifstal.ac.uk

WHY FOOD SYSTEMS?

The Global Food System

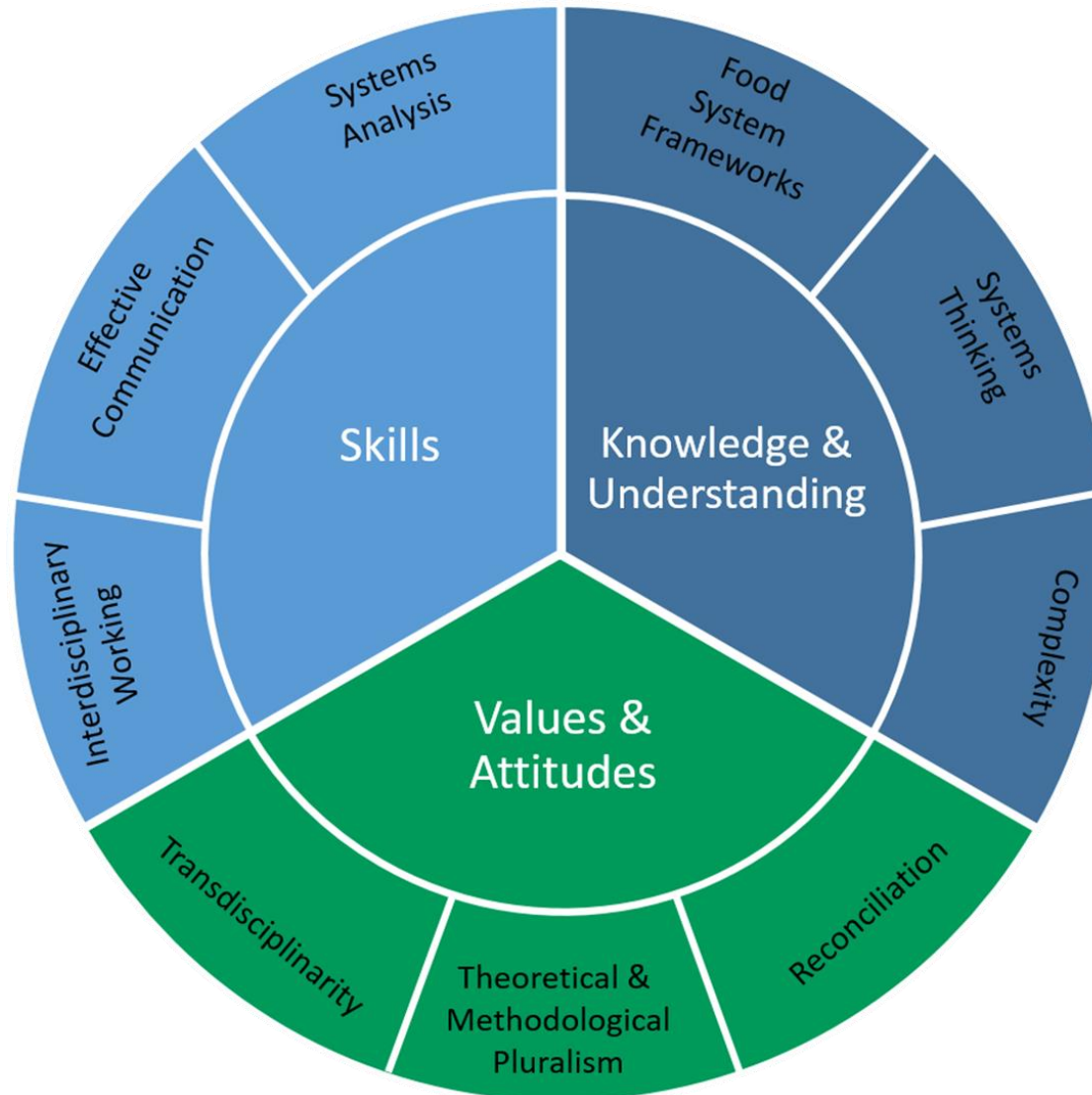
Food System Map
Version 1.2, March, 2009



Source: medium.com/@harley.pope/systems-thinking-and-the-food-system-d12bf072cc62

- To establish a pioneering consortium of universities to deliver collaborative training and capacity building in the **holistic** study of food systems.
- To develop, implement and assess a new mode of teaching based on **inter-university** collaboration and exploiting the latest learning technologies.
- To enhance student learning, insights and experiences by offering a range of topics to set their study within a full **food systems** context.
- To create a cohort of MSc and PhD graduates equipped to address food systems **challenges** by combining a deep understanding of their specialism.

STUDENT SKILLS FRAMEWORK

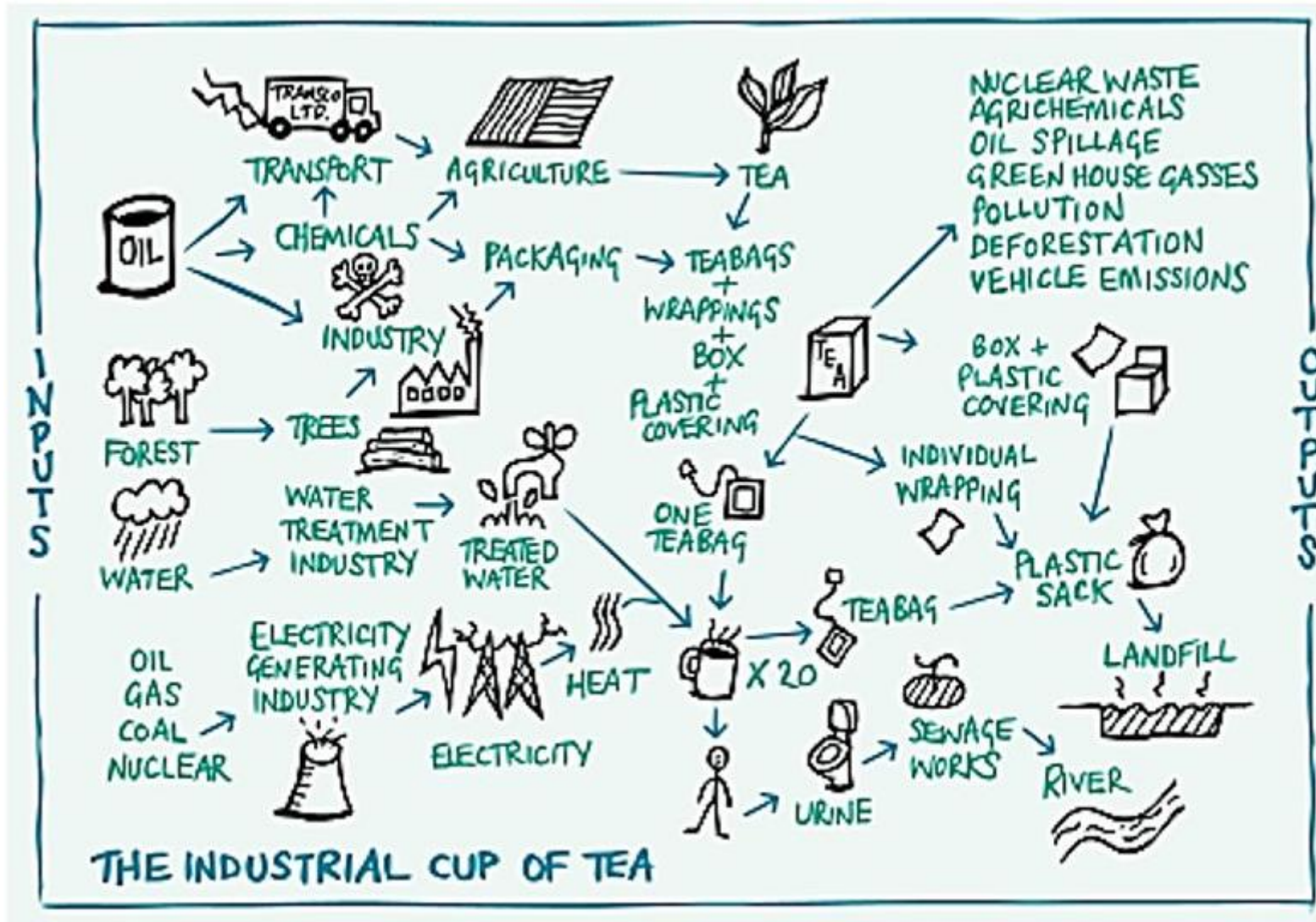


Source: Alex Arnall, Harley Pope, University of Reading

WHAT WAS IT THAT EFSET WANTED TO OFFER?

- A collaborative, cross-university, pan-European food systems training programme
- Provided postgraduate students with enhanced skills to provide solutions to challenges related to food systems
- Completely voluntary, without any commitment
- Was not assessed and took place outside teaching hours
- Certificate of participation

THE FOUR UNITS – 1. RICH PICTURE



Source: <https://aidontheedge.wordpress.com/2014/02/19/systemic-innovation-an-important-idea-for-development/>

THE FOUR UNITS – 2. BATWOVE

B = beneficiaries

A = actors

T = transformation

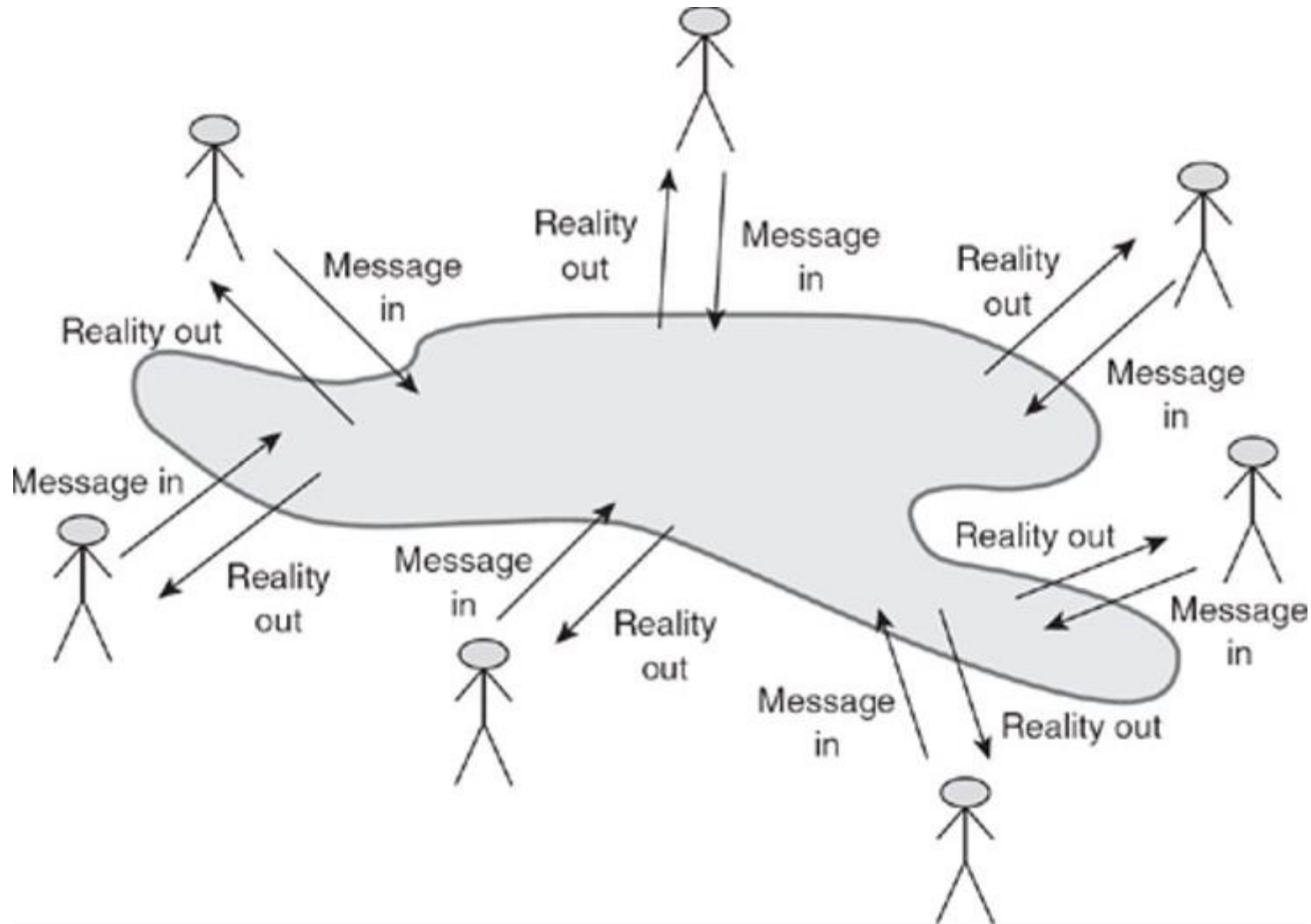
W = worldview

O = owners

V = victims

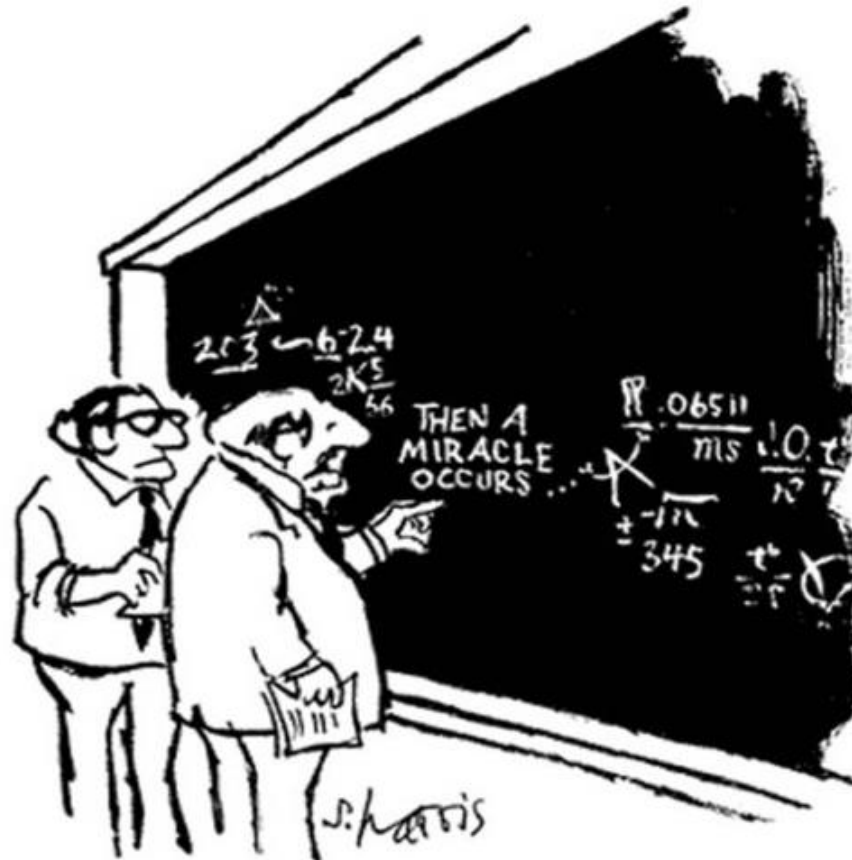
E = environmental

THE FOUR UNITS – 3. COMMUNICATION SKILLS



Source: Harley Pope

THE FOUR UNITS – 4. THEORY OF CHANGE



"I think you should be more explicit here in step two."

Source: © Sidney Harris



◀ Welcome to the European Food Systems Education and Training programme ▶

Source: www.efset.net

THE PLAN

2019		
Launch Event: Welcome to EFSET	17 th October	Local event + livestream
Workshop 1: Exploration of Food Systems	30 th October	Local event
Workshop 2: Investigating with food systems thinking	21 st November	Local event
Christmas Party	12 th December	Local event
2020		
Workshop 3: Application of food systems methods	6 th February	Local event
Workshop 4: Interventions for food systems change	20 th February	Local event
Away Weekend: Food system change agents, innovation and entrepreneurship	27 th – 29 th March	Two-day event University of Turin
Summer School: Tackling food system challenges	28 th June – 3 rd July	Five-day event University of Reading

VIRTUAL

COMMUNICATION CHANNELS

- Face-to-face interactions
- Websites
- Email communication
- Social media
- Newsletters
- Mass media publications
- Printed materials

THE LAUNCH EVENT – MORE THAN 90 STUDENTS!



Source: Tetiana Pavlenko

THE LAUNCH EVENT – LIVESTREAM



Source: Alex Arnall, Harley Pope, University of Reading

THE LAUNCH EVENT – INDUSTRY REPRESENTATIVES



THE WORKSHOPS



THE WORKSHOPS



Source: Tetiana Pavlenko

THE WORKSHOPS

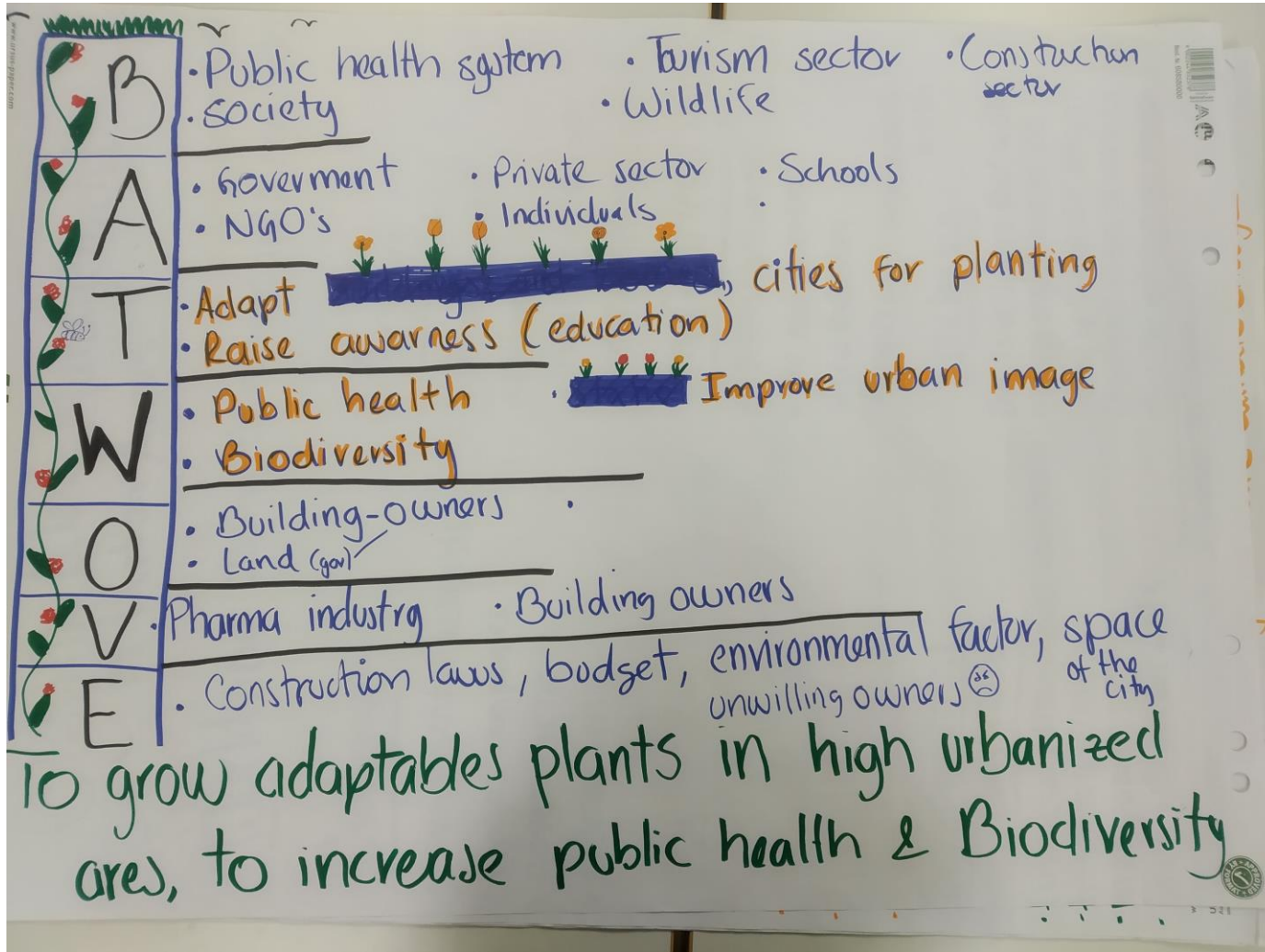


THE WORKSHOPS



Source: Tetiana Pavlenko

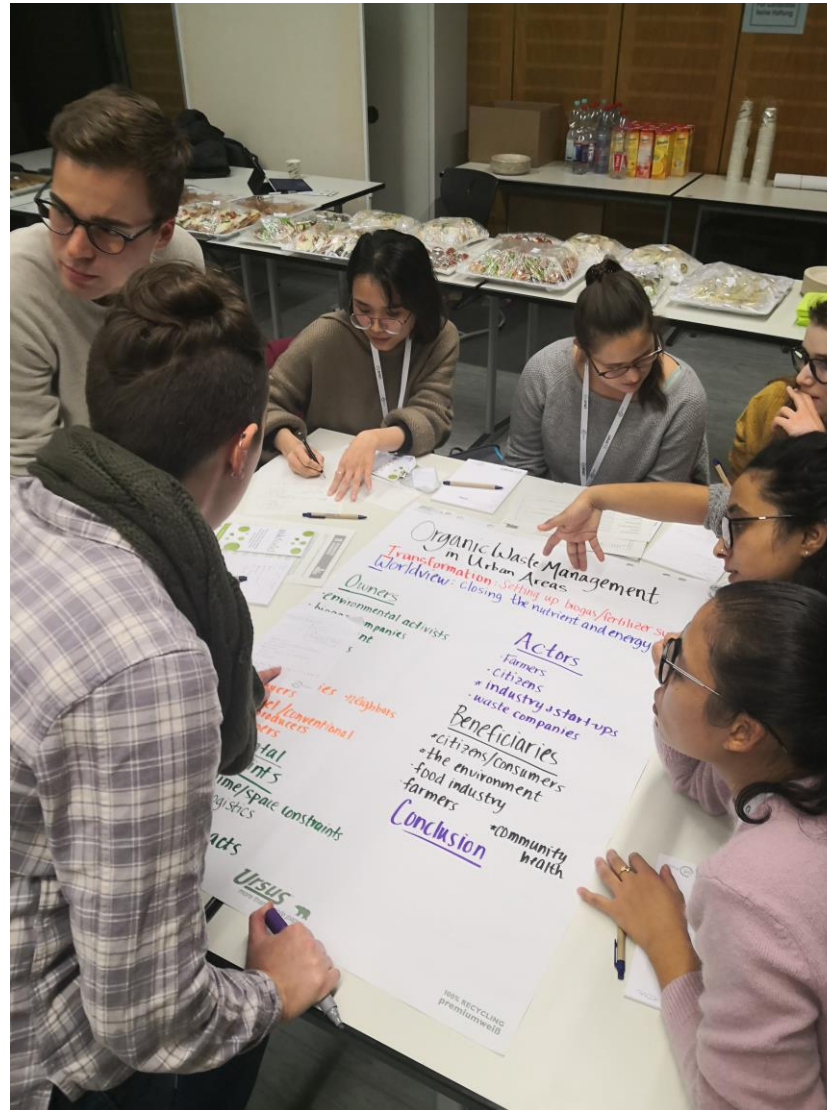
THE WORKSHOPS

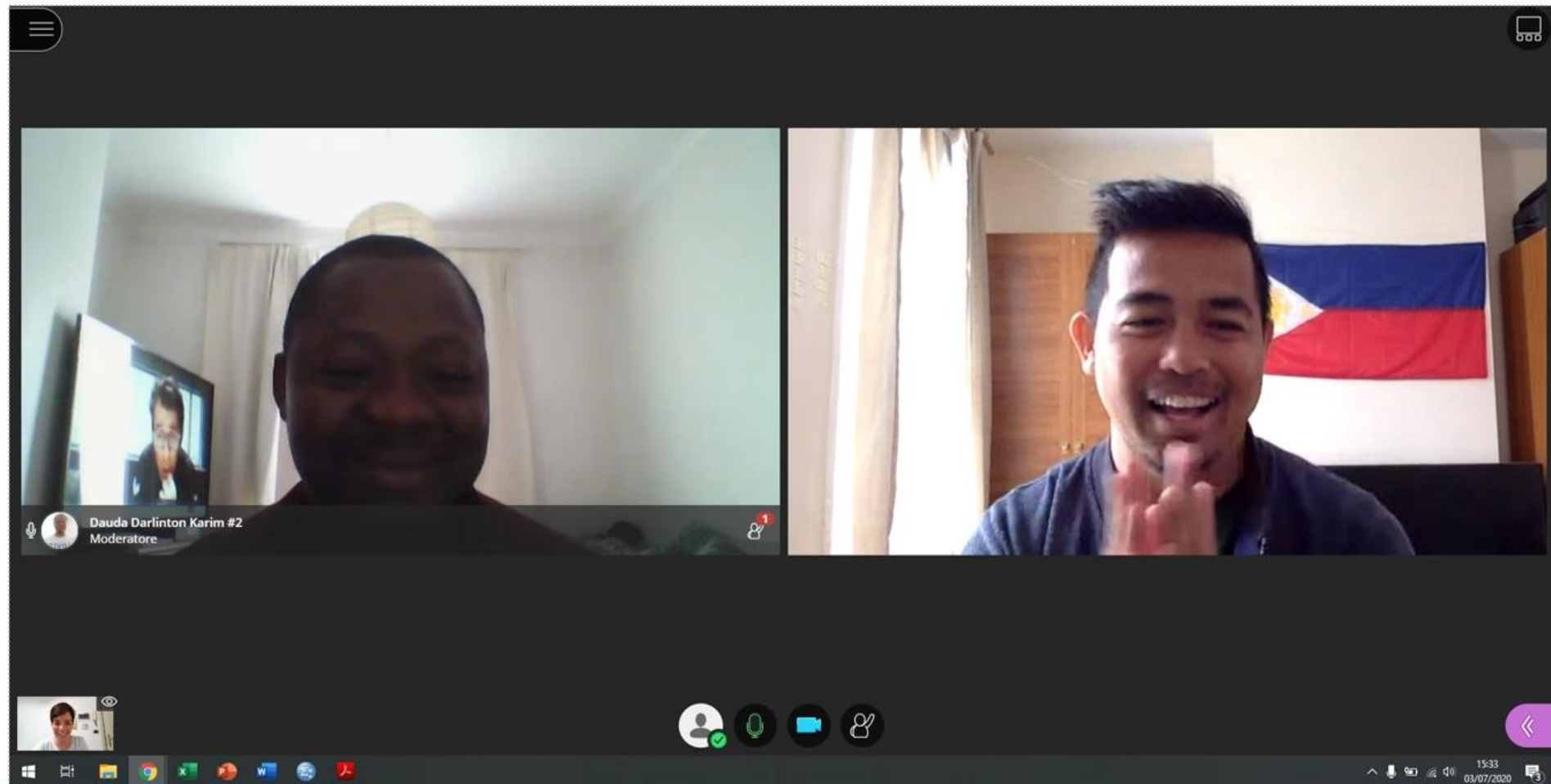


B	<ul style="list-style-type: none"> Public health system Society 	<ul style="list-style-type: none"> Tourism sector Wildlife 	<ul style="list-style-type: none"> Construction sector
A	<ul style="list-style-type: none"> Government NGO's 	<ul style="list-style-type: none"> Private sector Individuals 	<ul style="list-style-type: none"> Schools
T	<ul style="list-style-type: none"> Adapt Raise awareness (education) 	cities for planting	
W	<ul style="list-style-type: none"> Public health Biodiversity 	Improve urban image	
O	<ul style="list-style-type: none"> Building-owners Land (gov) 		
V	<ul style="list-style-type: none"> Pharma industry Building owners 		
E	<ul style="list-style-type: none"> Construction laws, budget, environmental factor, space of the city unwilling owners ☹️ 		

To grow adaptables plants in high urbanized areas, to increase public health & Biodiversity

THE WORKSHOPS





Source: Marta Bertolino

LESSONS LEARNED

- Free of charge
- Provide a platform for students to interact
- No accreditation, no ECTS points (no assessment!)
- Mix, rotate, ...
- Support inclusion
- Set the framework but be willing to let the content evolve

SELF-REFLECTION

- Productive breaks
- It's important for the trainer to be trained too
- Improve teaching skills
- Broaden knowledge and expertise
- Develop a multidisciplinary approach
- Get to know future colleagues

Thank you!



Co-funded by the
European Union



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